**Crisis and Emergency Resources**

**North Carolina**

National Suicide Prevention Lifeline – 1877.273.8255

Triangle Suicide Prevention Hope Line and Teen Talk Line – 919.231.4525

**Chapel Hill / Orange County**

• Cardinal Innovation Health Access Line – 1.800.939.5911

• Town of Chapel Hill Crisis Unit – 919.968.2806

• Freedom House Walk In Crisis Services – 919.967.8844

• Freedom House Mobile Crisis Unit (Orange and Person) – 1.877.967.8844

• Orange County Rape Crisis Center – 866.935.4783

• Compass Center for Domestic Violence – 919.929.7122

• UNC Dept. of Psychiatry Crisis Services – can be accessed through UNC ED

• UNC Counseling and Psychological Services (UNC students) –

o Walk in crisis assessment services available on site

o After hours line – 919.966.2281

**Durham County**

• Alliance Behavioral Health Access Line – 1.800.510.9132

• Freedom House Recovery Center (mobile unit and walk in crisis assessment services) – 919.797.1865

• Durham Crisis Response Center (crisis line and walk in) – 919.503.6562

• Duke Counseling and Psychological Services (Duke Students)

o Walk in crisis assessment services available on site

o Duke Police – 919.660.1000

o CAPS main line – 919.660.1000

o CAPS after hours line – 919.966.3820 (ask for an Advice Nurse)

**Wake County**

• Alliance Behavioral Health Access Line – 1.800.510.9132

• Therapeutic Alternatives (mobile crisis) – 877.626.1772

• Crisis Stabilization Center (walk in services) – 984.974.4800

• UNC Healthcare at Wakebrook (walk in services) – 919.250.1260